

4 Engaging, Energizing, and Informative Classes to Embrace and Enjoy Your Golden Chapter

Congratulations on YOUR Retirement! ~Now What?

2/27, 10-12, Allamanda Recreation Center

From re-TIRE-ment to re-ENERGIZE-ment ~Make the Shift!

1/17, 3-5, Homestead Recreation Center

When Life Gives You Lemons ~Make Lemonade!

3/21, 1-3, Aviary Recreation Center

***NEW – Friendship Strategies ~How to Find Your People, Your Tribe**

2/25, 1-3, Truman Recreation Center

All classes come with a comprehensive workbook for future reference and practice.

All classes are open to the public. Fee: R \$25 G \$31

Instructor: Nancy Stampahar



Evaluation Comments:

"Nancy is awesome! Great speaker, knowledgeable and got participation from the group. Highly recommend this class."

"Nancy was entertaining while delivering course content, invited and responded with understanding and positive responses to questions and stories from audience, and provided materials to take home to practice what was offered by the course. Would recommend to anyone."

To register, stop by any **"At Your Service Location"**
or online at: www.TheEnrichmentAcademy.org